



沙田官立中學

Sha Tin Government Secondary School

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校訊

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中四級學生參觀敦煌文化展覽

心繫家國：

沙官敦煌文化之旅

2022是中華人民共和國成立73周年，也是香港特別行政區成立25周年。本校根據教育局2022/23學年「國民教育——活動規劃年曆」安排了一系列提升學生國民身份認同的活動，以「心繫家國——沙官敦煌文化之旅」為主題，透過香港文化博物館「敦煌——千載情緣的故事」展覽，進行跨課程學習的活動。是次活動由中國語文科、中國歷史科、視覺藝術科，以及音樂科共同籌劃，為不同級別學生設計一系列跨課程學習活動，讓學生走出校園，進入社區，並作體驗學習。「沙官敦煌文化之旅」部份活動假香港文化博物館進行，學生通過沉浸式體驗，了解敦煌文化的博大精深，加深對中國文化的認識，加強國民身份認同，並明白文化傳承的責任。



視藝科中五級學生水彩畫作品



音樂科中樂團演奏



視藝科師生於香港文化博物館進行敦煌壁畫臨摹

校訊編輯委員會成員：

顧問：林月華校長、劉敏詩副校長、鄧子筠副校長、陳雅恩副校長

委員：朱曉慧老師、朱健滔老師、徐慶剛老師、黃星婷老師



沙官中華文化學生大使導賞

導賞活動、 專題報告及觀賞舞台劇

是次「沙官敦煌文化之旅」於2022年9月開展。中國語文科老師帶領部分中二級及全體中四級學生參觀香港文化博物館，欣賞「敦煌——千載情緣的故事」展覽，並由中華文化學生大使作講解，進行導賞。學生大使肩擔傳承文化的使命，向學生講解館藏寶貴的敦煌文物的歷史、特色及藝術價值；中華文化學生大使樹立了良好榜樣，領導同學培養文化傳承、薪火相傳的精神。

參觀香港文化博物館後，沙官中華文化學生大使亦於9月的早會上，以「我們肩負文化傳承的責任」為題，向全校學生介紹敦煌文物的特色，並宣揚「文化傳承，人人有責」的精神。

此外，中國語文科亦於10月帶領中四級同學觀賞新域劇團的最新舞台劇《風鐸·敦煌》，了解過去百年敦煌藝術研究者為傳承中國文化而作出的巨大貢獻，學習其堅毅、勤奮及責任感等美德。



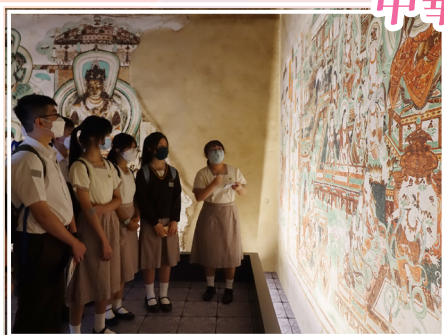
中華文化學生大使於早會上進行
敦煌文化專題介紹



舞台劇《風鐸·敦煌》 觀賞活動



中華文化學生大使導賞



中國歷史科

中國歷史科安排中六級學生進行匯報。學生就「敦煌——中西文化交流」的專題向校長、老師和中一級學生進行詳盡講解，介紹關於敦煌石窟、壁畫的故事以及敦煌美食，帶領一眾師生欣賞千姿百態的敦煌音樂和舞蹈。中六級學生的精彩講解讓中一級學生陶醉其中，感受深刻。



敦煌——中西文化交流專題報告

視覺藝術科

視覺藝術科安排學生進行「敦煌——壁畫藝術」水彩畫示範，以鮮明亮麗的色彩重現敦煌藝術的靈巧生動，絕色歌舞。視覺藝術科亦於中三級課程安排延續「敦煌——壁畫藝術」水彩畫實習，全級學生以水彩作畫，透過畫作呈現出中國敦煌千年文化藝術。



視藝科學生水彩畫示範



視藝科中三級學生水彩畫作品



視藝科學生水彩畫創作



音樂科

音樂科安排中樂團在文化博物館進行音樂演奏，兩位學生穿著飄逸的古風服飾，顧盼生姿，仿照敦煌石窟上的飛天，在香港文化博物館大堂的敦煌石窟擺置前，介紹中樂團演奏的敦煌樂曲，博物館的中庭頓時衣袂飄飄，樂韻悠揚。

學生仿照敦煌壁畫人像，身穿薄衣輕紗介紹中樂團演奏的敦煌樂曲。

「沙官敦煌文化之旅」學生感言

中六級乙班 歐泳儀

今年9月我有幸能參加「沙官敦煌文化之旅」，和另外5位同樣修讀中國歷史科的同學研習敦煌文化，例如：壁畫、石窟、音樂等。除此之外，我們亦和中一的師弟师妹進行匯報，把在文化博物館中的所見所聞跟他們分享，如介紹壁畫中的「飛天仙女」像；「千佛洞」、「莫高窟」的建築特色等。我們還向同學們介紹了中國西北敦煌一帶的獨特飲食文化，如吃驢肉等，將敦煌文化的不同層面活現同學眼前。我們在搜集資料及進行匯報的過程中擴闊了眼界，要知道在平日的課程中，我們也較少接觸這方面的知識，容易錯失學習敦煌文化的機會，透過這次「敦煌之旅」，讓我瞭解這份文化瑰寶。更難能可貴的是，我明白到何謂學海無涯，得以探索中華文化的底蘊，令我為之驚嘆。是次活動，不僅開拓了我的眼界，更增添了我作為炎黃子孫的一份自豪感，以及對國民身份的認同。

中六級乙班 林頌怡

我是沙官敦煌文化之旅的音樂科代表兼上任沙官中樂團團長中六級林頌怡。在是次「敦煌文化之旅」的活動中，我校中樂團有幸在文化博物館演出並進行錄影拍攝，為宣揚敦煌文化略盡綿力。我們在文化博物館中所奏的樂曲並非正宗的敦煌樂曲，因為敦煌古譜是我國現存最古老的樂譜之一，所謂「千年天書，百年解釋」，因此至今即使是考古學家也仍然無人能取得真正的敦煌古譜；所以，我們便選擇兩首西域中樂以盡量配合主題。第一首的曲名為《送我一枝玫瑰花》，這是一首新疆民歌，體現了新疆民族熱舞的激情。第二首曲名為《飛天》，它根據敦煌壁畫及印度神話為題材，描繪出一幅仙女飛天、飄然欲仙的畫面。這次的演出體驗著實叫人難忘。除了可以讓我了解更多敦煌文化知識，也加深我對中國音樂史的概念，對於作為中樂樂手的我而言實在是裨益良多。另外，我亦很高興升上中六後仍然有機會與團員同台演奏，這無疑會成為我中學生涯其中一個最美好的回憶。我熱愛音樂，也熱愛著中華藝術文化，我衷心希望可以對未來中華文化的宣傳和發展出一分力。

文化導賞活動學生感言

中四級丁班 林卓賢

我很榮幸可以成為學校的文化大使，在9月2日帶領中二同學到香港文化博物館欣賞敦煌的文物展品。能夠成為這次的敦煌文化導賞員，我感到自豪，因為我可以藉著這次機會蒐集不少資料，向中二同學介紹敦煌文化的博大精深。通過這次導賞活動，我對敦煌藝術的認識不單限於書本上的文字，身處在「榆林窟第25窟的複製洞窟」內，我真正感受到敦煌藝術有多麼的震撼，無法取代。這複製洞窟是在榆林窟之中保存得最完整、藝術水平最高的唐代壁畫。南壁的《觀無量壽經變》描繪了豪華壯麗的盛唐宮殿，壁畫上每個人物的表情和動態刻畫得細緻入微，表現了敦煌藝術獨有的靈氣和神韻，令人歎為觀止。中國有不少藝術文物在戰火中散佚至國外，實在是很大的遺憾。作為中華民族的一份子，我肩負文化傳承的責任。我會透過多些了解中國文化，並且以文化大使的身分，令更多同學欣賞中國文化之美。最後祝願中國的文化能夠薪火相傳，一代一代傳承下去。

中二級戊班 蘇詩雅

我很高興於9月2日在中四文化大使的帶領下，參觀香港文化博物館專題展覽「敦煌——千載情緣的故事」。通過文化大使的詳細導賞，我欣賞了很多敦煌文物，加深了我對敦煌藝術的認知。而當中最令我印象深刻的文物是《高僧像》。這幅畫作是運用優美的墨線繪製而成，作品中的人物眉目清秀，表現安詳沉靜，墨線描繪得瀟灑自在。畫中寫實、適宜的描繪，更突顯了這幅文物的珍貴之處，所以我們更應好好保存及傳承。我們還可從認識僧人雲遊的故事，學習他們的堅毅不屈、刻苦耐勞的精神。透過今次的敦煌文化導賞，加強了我對保育中國文化的意識，願意致力弘揚我國文化的精妙之處。對於中四文化大使積極推廣中國文化，我感到非常欣賞、無比敬佩！我亦會以他們為榜樣，日後肩負起宣揚中國文化的使命！

《風鐸·敦煌》學生感言

中四級甲班 葉凡菁

這次經驗使我對敦煌文化有了更深入的認識，傳統文化需要有志之士的保育及傳承，希望我們都能銘記這些在背後默默付出的無名英雄。

中四級甲班 林雪寧

《風鐸·敦煌》透過了常書鴻的事跡，讓我們思考生命的果因，讓我們學習如何在逆境中自強不息。

中四級甲班 何御鋒

看過《風鐸·敦煌》後，我不禁對常書鴻充滿深深的敬意，他對敦煌莫高窟的功勞毋庸置疑，不管多麼辛苦，多麼孤獨，也從沒有想過放棄保育敦煌。

中四級甲班 鄭子森

我們現在可以在莫高窟看到各種文物和壁畫全靠常書鴻的付出，我十分佩服他的熱情和堅毅不屈的精神。

政協委員講座

政協委員聯校 國民教育講座

本校於9月26日舉行「心繫家國：港區全國人大代表政協委員講座」，由全國政協委員彭長緯先生分享以「國家的外交與國防建設、國土安全」為題的講座，並與聯校學生代表，包括新界鄉議局大埔區中學、粉嶺官立中學及梁文燕紀念中學（沙田）的學生在台上進行對談。



政協委員生命教育課座談會



政協委員陳昆先生於9月29日蒞臨本校進行座談會。透過與高宇飛老師的對談，陳先生向中六級學生解釋擴闊眼界的重要，指出在學生們應當有立根香港、放眼世界、認識祖國的視野。



中秋團圓燈謎活動 及北京姊妹學校線上互動

9月26日上午，由中文學會舉辦的「心繫家國：中秋團圓」活動於學校有蓋操場進行。初中學生由中文科老師帶領到場猜燈謎，並獲取小禮品。其他年級學生亦在小息和午膳時段自由參與。

適逢中秋佳節，本校姊妹學校組左穎德老師於「心繫家國：中秋團圓」活動當天，帶領中一級學生與北京理工大學附屬中學進行線上互動，由中文學會的2位成員擔任司儀，講解中秋燈謎的由來，兩地學生亦積極參與線上猜燈謎遊戲，樂也融融。



「心繫家國：中秋團圓」活動



沙官北京姊妹學校線上互動





升旗隊及升旗講座

沙官升旗隊於本學年成立，並於9月的沙官「心繫家國」賀國慶活動開始前負責升旗。每當進行升旗禮時，升旗隊就在眾人注視中，以整齊劃一的步伐進場，在國歌響起時徐徐升起國旗。正是這份榮譽感驅使隊員繼續投入工作，秉持宣誓時所言的「以國為榮，為國爭光」。

9月26日下午，香港升旗隊總會到校為中一級學生進行升旗儀式示範及講座，詳細講解有關升旗儀式的禮儀和知識。



香港升旗隊總會為中一級學生進行升旗儀式示範



升旗典禮禮儀講座

展覽

「心繫家國 情牽古今」展覽於9月中旬開始展出，內容有「粵港澳大灣區建設」、「中國的世界之最」、「珍貴的物質文化遺產」、「美麗的城市」和「全國重點高等學校」。



音樂表演，智勇舞台



華夏音樂促進會演奏樂曲

音樂科於9月21日亦邀請華夏音樂促進會演奏，向中四級學生解說中國樂器和音樂，豐富他們的其他學習經歷。



莫浩基老師誦唱表演

課外活動組於9月29日和中文學會合辦「智勇舞台：心繫家國之中文朗誦及相聲表演」，由中五級學生表演相聲、朗誦，以及莫浩基老師演唱，現場氣氛熱鬧。



相聲表演



朗誦表演



師生們共度一個充滿優美樂聲與歡呼聲的下午



正向思維迎逆境 同心齊渡前路難

為營造正面和積極的氛圍，輔導組於2022年10月21日舉辦了由香港基督教女青年會賽馬會沙田綜合社會服務處所策劃的「中六級正向日營」。本校希望透過是次活動為即將應考2023年香港中學文憑考試的中六學生打氣，培養他們正面思考的意識，讓他們以堅強的心志克服在考試及升學路上遇到的困難。

是次活動假香港中華基督教青年會烏溪沙青年新村舉行。當天陽光普照，金風送爽，中六學生們在一連串緊張刺激、互助互讓、喜悅融洽的氣氛中，跟高中同窗三年的同學一起進行多個考驗學生溝通、協作能力以及建立團隊默契的活動。學生們在一片歡笑喜樂中，在組員的互相勉勵支持下完成一個又一個任務，當中或成功或失敗；成功固然會歡呼鼓舞，失敗了亦不免垂頭喪氣，但活動導師寄語學生，失敗沮喪的時候，謹記我們絕不是孤單一人，別忘了有同儕溫熱的雙手在旁，攙扶彼此，以強韌的心，迎接面前的難關。

師生合照



6A



6B



6C



6D

抓緊時機，緊握同學的手，
互相扶持。



營地遊蹤：互諒互助，
迎接不同挑戰站的困難及挑戰。



中六級學生在老師及同學的陪伴中把
面對文憑試的重擔暫時放下，渡過了
愉快的一天。



第一屆畢業校友 ——愛校五十載，悠悠情不變

適逢校慶五十周年，學校首屆畢業校友發起「回饋母校捐助計劃」，是項計劃之目的是向第一屆畢業校友募集捐款作為助學金，資助學校增設設施、購買英文書本等，藉此回饋母校，傳承愛校精神。

該屆畢業校友更於二零二二年八月二十七日重返學校聯誼相聚。當日共有10位校友參與活動，包括陳均順、鄭思玲、賴旭輝、潘潤湛、陳啟祺、黎美儀、劉枝華、陳成璉、張傳彪及胡燦華校友。校友們首先進行乒乓球運動，在盡情揮灑汗水、舒展筋骨後，在林校長及劉副校長帶領下參觀校舍及校史館，倘佯今昔的時光之間，緬懷往日的校園生活，見證學校的進步和發展。最後一起午間茗茶話當年，重拾昔日的美好回憶。



家長教師會



2022年度周年會員大會

家長教師會2022年度周年會員大會於10月15日於學校禮堂舉行，當日共有160多名家長出席，場面熱鬧。在周年會員大會上，由第18屆家教會主席林宜玲女士進行工作報告，家教會司庫黃意心老師作財務報告。此外，家長教師會亦特別鳴謝周顏惜琴女士擔任義務核數員。最後，林月華校長於會上公佈林宜玲女士為2022-2024年度學校管理委員會家長成員代表的當選人。

家長教師會周年會員大會結束後，學校亦安排家長與班主任及各級科任老師進行座談會。家長們積極發問，藉此機會對子女的學習難點及掌握科目的技巧等方面都作出深入了解。



班主任及科任老師座談會

中一親子迎新日營

本校於2022年9月17日（星期六）舉辦了中一親子迎新日營，是次活動邀請了新生1C班羅仁杰同學及其家長黃熾菁女士擔任司儀。當天活動豐富，包括由社工及老師舉辦的「與子女同行」工作坊，向家長們分享子女升中後的心理變化，以及與子女溝通的技巧；「輕鬆15分鐘拉筋班」中由名譽顧問梁夏梅香女士教授簡單易做的拉筋動作；「家長密密傾」由中一班主任為家長解答一系列子女升上中學的疑慮，家長義工們也向中一新生的家長分享自己輔助子女學習的心得；「愛心時間：學生表演及贈送小禮物」的環節中，中一學生憑歌寄意，向父母獻上鮮花，表達濃濃的愛意；在「開心校園大巡遊」的環節，中一新生帶領家長在校園各處遊走並完成任務，相信家長和學生都對學校有更深入了解。



輕鬆15分鐘拉筋班



1C羅仁杰及其家長黃熾菁女士擔任司儀



各家教會委員及義工留影

愛心時間： 學生表演及贈送小禮物



開心校園大巡遊



Awards

The 7th Elite Cup STEM Education Tournament

On 13 August 2022, three students, 4C Jackson Kwok, 5B Lee Long-yeung and 5B Aeon Kwok (2021-22), took part in the 7th Elite Cup STEM Education Tournament organized by the Hong Kong New Generation Cultural Association. Under the guidance of Biology teacher Miss Ho Yuen-wa and Visual Arts teacher Mr Choi Siu-po, they created a model with skewers, rubber bands and cotton twine, which would ultimately go through weight loading and vibration tests. Their good work won them the Best-Looking Model Award and a Merit prize.



P.E. Achievements 2021-23

Celebration of the 25th Anniversary of the Establishment of HKSAR Hong Kong Secondary School Fencing Championships (N.T.)

Girls' A Grade Sabre	6B Feng Karen	1 st runner-up
Boys' B Grade Sabre	4B Feng Harry	2 nd runner-up

H.K.S.S.F. Inter-school Squash Competition (Team) 2021-22 2nd Runner-up

4A Yeung Cheuk-man	4B Kwong Tsz-yeung
5B She Chung-lun	5C Yee Wai-him
6B Ng Craig	6B Wong King-nam

H.K.S.S.F. Inter-school Swimming Competition 2022-23

Boys' C Grade 50-metre Freestyle	2D Cheng Ho-man	1 st Runner-up
Boys' B Grade 100-metre Freestyle	4D Sze-To Wai-chun	4 th place
Boys' C Grade 4x50-metre Medley Relay	1A Cheng Hei-yeung	4 th place
	2D Cheng Ho-man	
	2E Qin Sheung	
Boys' C Grade Overall	2E Lo Lok-hei	8 th place



H.K.S.S.F. Inter-school Football Competition 2021-22 (Open Grade)

4th place

6B Lee Shing-him	6C Cheuk Chun-fai
6D Leung Chi-yui	6D Lau Hin-tung
6A Chow Chun	6A Mai Diwen
4A Wong Lok-hei	2C Cheung Nok-hei
2C Cheng Ho-wang	

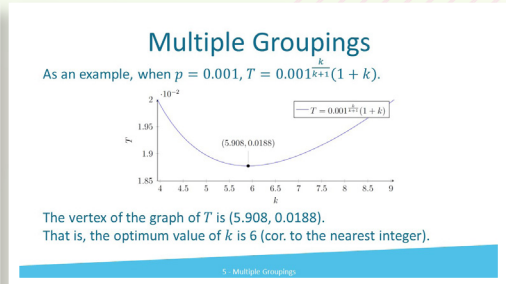
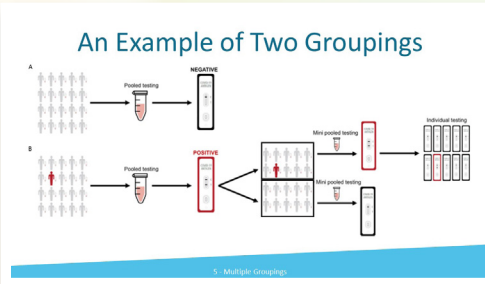
More Mathemagic

Mathematics Project Competition for Secondary Schools (2021/22) – Second Runner-up



The captioned competition was organised by the Curriculum Development Institute, EDB. It aims at enriching students' learning and arousing their interest in Mathematics. The competition provides alternative learning experiences and is a powerful tool to develop students' independent learning capabilities and promote self-directed learning. STGSS has been performing superbly for two consecutive years.

Our project in 2021/22 titled 'The COVID-19 Testing Problem: Efficiency of Conducting Tests' made us the overall Second Runner-up, and the only winner of the Mathematical Modelling Award.



Mathematics Book Report Competition for Secondary Schools (2021/22)

The captioned competition was organised by the Curriculum Development Institute, EDB. It aims at promoting students' interest in learning Mathematics and developing students' generic skills through project learning and reading. The objectives of this competition are to enhance students' motivation and interest in reading Mathematics books, and strengthen their learning ability to foster lifelong learning and whole-person development.

Our students, both junior and senior forms, actively participated in the competition and received promising results in 2021/22. We received two Second Class Prizes in the Junior Secondary Category and two Second Class Prizes in the Senior Secondary Category.



Star Musician of STGSS Alumni

Chan Sze-tung (S.7A 2009)

RTHK Young Music Makers 2011

香港電台樂壇新秀2011

Gold Award in The Second Session of the Chinese Ruanxian Art Show (Class A)

第二屆全國阮咸藝術展演職業青年A組金獎

Resident Musician at Windpipe Chinese Music Ensemble

竹韻小集常任樂師

Master of Music, HKAPA (2017)

香港演藝學院音樂碩士



Q1. What made you decide to study music after graduation from STGSS?

I became very interested in music after joining the Chinese Orchestra (CO) in S2. Although I had always wanted to make music my career, I was not confident that I could earn a living by performing and teaching music. That's why I chose to study other subjects after graduation. After a year or so, I realized that I was really passionate about music and enrolled in the programme of the Hong Kong Academy for Performing Arts. I think this is one of the best decisions I've made.

Q2. You were the Chairlady of STGSS Chinese Orchestra (CO) when you were in S6. Any unforgettable memories that affected your growth to your music career?

My time in the CO played a tremendous role in my development, both personal and professional. There were many tasks from daily practising, attending concerts to preparing documents and scores. Not only did I improve my musical knowledge, I also learned how to manage my time efficiently. Indeed, all these made me want to devote more to music! Also, I really cherish the moments spent practising with my fellow CO members. We had high spirits and worked hard together to do our best in performances and the Schools Music Festival. All these are definitely unforgettable.

Q3. How's your music career?

My career in music so far has been very exciting and rewarding. At the Hong Kong Academy for Performing Arts I majored in the Ruan and the Liuqin, both of which are plucked string instruments. In 2011, I debuted as one of the RTHK Young Music Makers. As a member of the "4x4 Plucked", I performed on the radio (RTHK) and participated in video and sound recording. Currently, I am a freelance musician as well as a music instructor. As a Resident Musician at the Windpipe Chinese Music Ensemble, we have lots of performances and recording work locally and overseas each year. As a music instructor, I teach at several schools and organisations. I am very grateful for the opportunities I received and I hope I can reach higher heights in the future.

Q4. How important is music in your life?

As a performer and instructor, music is an inseparable part of my life. I believe those who work or study with me can feel my passion. I am proud to say that I have always followed my heart, even though this inevitably comes with challenges and moments of disappointment. As the saying goes, what doesn't defeat you makes you stronger.

Q5. What would you like to say to teenagers?

Best wishes to you and good luck for your future endeavours.



4x4 Plucked, RTHK Young Music Makers 2011



CD Recordings of Young Music Makers 2011



Finale Performance at RTHK Broadcasting Studio



Filming for Online Programme "A Century of Cantonese Music in Hong Kong", organised by LCSD, HKSAR



Windpipe Chinese Music Ensemble took part in Yilan International Art Festival 2019 as a representative from Hong Kong



Filming for TV programme "Cultural Plaza" at TVB

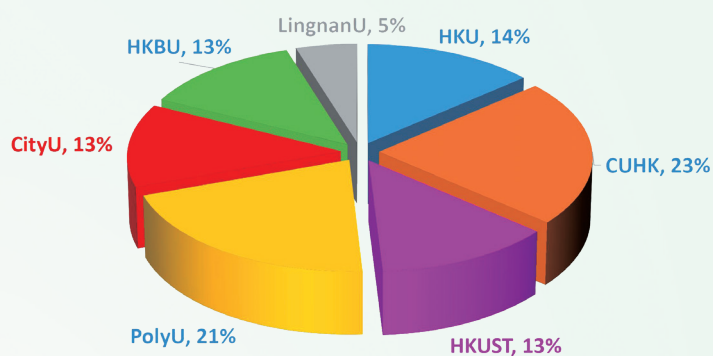
Delightful Destinations of Our 2022 S6 Graduates

Congratulations to our fresh graduates on their well-deserved university offers. Some outstanding achievements include:

6C	Lau Chun-hei	劉縉熹	CUHK	Medicine (MBChB) Programme
6C	Chan Man-lai	陳文禮	CUHK	Medicine (MBChB) Programme
6D	Cheung Hi-yu	張喜裕	CUHK	Global Business Studies
6A	Wan Shuk-wing	溫淑穎	CUHK	Social Science
6D	Lu Shue-cheong	盧澍昌	CUHK	Enrichment Stream in Theoretical Physics
6C	Lee Chun-hin	李浚軒	PolyU	BSc (Hons) Scheme in Rehabilitation Sciences – BSc (Hons) in Physiotherapy
6C	Chu Lok-kwan	朱樂筠	PolyU	BSc (Hons) Scheme in Rehabilitation Sciences – BSc (Hons) in Physiotherapy
6C	Pan Ziqing	潘紫晴	Tsinghua University	Bachelor's Degree in Law
6C	Yip Ka-po	葉家寶	PolyU	BSc (Hons) Scheme in Rehabilitation Sciences – BSc (Hons) in Occupational Therapy
6C	Cheung Ka-sin	張迦善	PolyU	BSc (Hons) Scheme in Optometry

An overall 70% of our students received a degree offer. Some graduates got offers from highly competitive university programmes like CUHK Medicine, CUHK Global Business Studies, HKU Architectural Studies and HKU Chinese Medicine. Some graduates also enrolled in degree programmes outside Hong Kong such as Tsinghua University and Fudan University.

**Offer Distributions to
UGC-funded Degree Programmes**



Country Scholarship Award Ceremony
21 September 2022



Green Life in STGSS

All eyes on the grey-turned-green cube – and its surrounding complementary facilities next to the basketball court. The green corner not only freshens up the campus area, but is also a key to implementing the school-based STEM curriculum, and above all, promotes a healthy lifestyle and awareness of sustainable development among students.



Green Life Cube

Formerly known as 'Room 30', the container has been repurposed as a lab for students to grow plants and rear animals. Various science experiments and projects will be conducted here. In phase 1, 40 sets of hydroponics machines have been installed for S.3 students to conduct project-based learning.

To celebrate student ownership, student artists were invited to design the facade and walls:



"It's about renewable energy, so I added symbols of aquaponics and renewable energy technology in our school. I also added some more dreamy images such as flying sea creatures. I also put in some icons of Hong Kong to form the current design."

Ho Uen-sze, 4B



"Humans are putting increasing pressure on the planet, using and consuming more resources than ever. We risk upsetting the balance of ecosystems and losing biodiversity. So, in my artwork I used a wasp to point out that biodiversity is every different kind of life you will find in one area – the variety of animals, plants, fungi and even microorganisms like bacteria that make up our natural world. Each species works together in an ecosystem, like an intricate bee hive, to maintain balance and support life."

Yeung Lok-hei, 3B



Ribbon cutting by school heads

On 20 October, the kick-off ceremony of the Green Life Cube was held.



Staff joining the joyous moment

S.3 students used the hydroponics machines to conduct experiments in their Project-based Learning (PBL). By gaining experience in growing plants, they will search what to be done in their project concerning 'food', the theme of their PBL this year.



Students assembling a hydroponics machine



Tending the seeds

Organic farming



Between the basketball court and the Green Life Cube, a region for organic farming has been set up, featuring eight large pots of 113 X 49 cm² each.

An organic farming course started in late September, where representatives from the four Houses picked up planting skills, which were to be put to the ultimate test in an inter-house organic farming competition at the end of the course.



Students working on their mini plots during the course



Food waste processor

The school has introduced a food waste processor, currently placed in front of the Green Life Cube. The Environmental Education Committee is collecting simple food waste from all parties including students, staff and parents. The machine turns food waste into organic fertilizers to be used in our organic farming or ultimately distributed to students, staff, parents and community parties in need.



Project SLASH



On this fire station experience day, the firefighters showed us different kinds of fire trucks and how the equipment functions properly. I realised that the scope of a firefighter's work is very broad. Not only rescue the wounded, but also save animals. This experience day was such a rare opportunity.

Wong Yee-ching, 4B



I found that the disciplined service officers are not as solemn as I imagined before. In free time, they chat with each other. They also play volleyball to improve their relationship and their spirit of unity. The three police officers we attached to are very nice and friendly. They are willing to answer our questions. But when there is a mission, they will become professional and calm to solve cases. I'm very glad that I can join this event and know more about disciplined services.

Lau Yee-ip, 4C

I had a good chance to go to the different disciplined services, to work with them, and know more about their daily work. The most meaningful and unforgettable experience for me was the time that we went to work with police officers. We went to a few crime scenes in the police car. I saw life and death, human warmth and coldness, and the transience of life. Also, it enhanced the relationship between my classmates and me. Thank you for having me in this project.

Wong Sum-yu, 4C

I love the fire services department activity most. I learnt so many things, such as how the fire trucks work and how PBI Matrix functions. Besides, I was able to wear the PBI Matrix, which was so funny and interesting, although it was too heavy for me. For instance, I tried a maneuver once with the PBI Matrix on. Now I understand how physically and mentally demanding being a firefighter is. We only have five minutes to put it on; if we take more than five minutes to equip ourselves, we'll lose precious time to save people from danger. It's too hard for anyone lacking in practice. So I'm so proud of them.

Wu Sum-yin, 4C

This project gave me a lot of unforgettable memories. Not only did we visit six disciplinary departments, we also got to become one of each of them for a day. The most unforgettable event was the six-hour visit to the police station. We investigated different real-life cases with the officers and also got to try on their awesome-looking gear. They're very heavy! Through this project, I've learnt a lot about the importance of these disciplinary jobs. I'm very grateful that I can have a chance to participate in this event.

Long Hei-tung, 4D



student feedback



I was very lucky to participate in the Police Attachment activities, and I've gained a lot from it. Unlike other outdoor visits, this activity allows you to experience being a police officer for a day. I tried putting on some of their equipment. I realized police officers patrolling on the street may look easy, but in reality, wearing such hefty equipment to work is an absolutely exhausting job. Here, my respect for the police force has become much higher.

Hon Yiu-lam, 4A



This is really an eye-opening experience. We took a helicopter in the activity of the Government Flying Service (GFS) and looked at the panorama of Hong Kong. I suddenly realized I was so ignorant and small. I couldn't forget the breathtaking scenery. We met different people from different disciplined services. I saw their different sides. They are humorous, approachable and kind in spare time. I also learnt about perseverance and responsibility from them.

Feng Shuli, 4B

Through this activity, I have an in-depth understanding of different government departments and have enriched my life experience. What impressed me most is the one-day police station. On the same day, I went to Tin Sum Police Station with a classmate and had the opportunity to investigate the case with the police in a police car. The whole trip was just thrilling. I hope to continue to participate in this activity next year and broaden my horizons again!

Lam Ka-kiu, 4B



The most memorable activity is 'One Day Prisoner'. About the work and prison life of the Correctional Service, I can only learn from TV. Therefore, I didn't realize that the inmates have a job every day, but the most difficult thing I experienced is that they need to march every day to practice their discipline and obedience. After raising one of my legs for a long time, I felt my legs were not mine. This experience reminded me not to do anything wrong and I must obey the law, and be a good citizen; otherwise, this won't be only a one-day experience.

Leung Nga-man, 4A



I became a one-day police officer and got involved in police work for the first time. Patrolling around Sha Tin, we participated in certain activities, including checking license plates in restaurants and entertainment venues to handle vehicle parking disputes. This project gave me a deeper impression of the disciplined services. I found that they are not only about helping others, but are also about always upholding a professional and sincere attitude, adapting to changes while maintaining a team spirit. They are our role models who ensure the development of the city.

Lee Yin-yam Irene, 4B





Project SLASH



A "Project SLASH" induction programme was held last year by the Sha Tin District of Hong Kong Police (STDIST) to bolster links with teenagers, forge students' understanding of disciplinary forces and build positive values. This year, the STDIST went further and co-organized "Project SLASH 2.0" with six major disciplinary forces. STGSS enjoyed the honour to be invited to eight eye-opening experience and exchange activities since August 2022, broadening students' horizons and reinforcing their attitudes towards meticulous learning and work perseverance.

Of numerous applicants, 10 pre-S4 students were selected to participate on behalf of STGSS. They first attended the Inauguration Ceremony, where chief directors of various disciplinary forces motivated students to foster a sense of law-abidingness, cultivate proper values and unleash their potential through a close-up observation of the disciplinary forces at work.

Next, students were given a chance to visit Stanley Prison, observing work by the Hong Kong Correctional Services and experiencing life of prisoners, such as making the bed and mowing the lawn. Then, students attached to a day's routine at Ma On Shan Fire Station, where they attended a briefing session, and put on a fire service uniform and bulky tools. They even practised running a live hose and putting it away.

Students then found themselves in the Customs Marine Base, where they visited the coastal radar control centre, and learnt about various coastal monitor facilities and real-time activity of any watercraft. They even got on a patrol vessel and a high-speed interceptor to see firsthand different kinds of equipment as well as the training requirements and challenges faced by the Customs officers. The next stop was the Immigration Service Institute of Training and Development, where students attended lessons and learnt about procedures of immigration control and deportation.

The programme was "high"lighted by a visit to the Headquarters of the Government Flying Services. Not only did our 10 students get to learn how to rescue hikers or sea travellers, they also took a helicopter ride to marvel at the panoramic view of the city as well as be a close witness to working in a helicopter. Finally, in pairs, students had a six-hour experience of police work, including promptly attending to an emergency call, arriving at the scene of an incident, observing how a police officer gathered evidence, made a statement and mediated as a professional. These invaluable experiences greatly opened up students' horizons and guided them to a professional attitude towards work of seriousness and devotion.

The new school year marked the end of the unforgettable campaign. On 17 October, the participants returned to the New Territories South Regional Police Headquarters, where they attended an anti-online-scam seminar, met with police officers, and received a certificate of attendance, which rounded up such a fulfilling, eventful journey of learning.

